

GOING FURTHER

Marriage Idea Cards

Free resources and date night ideas available at the Heritage at Home Center or on the Heritage at Home webpage.

Weekend to Remember

We highly recommend the Weekend to Remember marriage conference from FamilyLife. There are two in Oregon a year. Please visit <https://www.familylife.com/weekend-to-remember/> for the most recent available dates. Also, we often have discounts codes available, so check with us before registering.

Marriage Equipping

It is the goal to host a marriage-equipping event at Heritage on a routine basis. Please be on the lookout for ways to strengthen your marriage.

Professional Counseling

Heritage does provide pastoral counseling to work through any issues pertinent to your marriage. We have both men and women available to meet with you. We also have great relationships with a good number of licensed, professional counselors in the Rogue Valley and can refer you at any time.

BUILDING A STRONG MARRIAGE



HERITAGE AT HOME

P O I N T E R

BUILDING A GOD-HONORING MARRIAGE

How can believers become intentional about building a God-honoring marriage?

PRIORITY ONE

Discover God's Design for Marriage

We must understand that every marriage is intended to be a masterpiece reflecting THE marriage between God and His people. Marriage is the most frequent metaphor used in the Bible to describe God's relationship with His people. In fact, writing to the Ephesians, Paul called marriage a "profound mystery" because the man represents Christ, the groom, while the woman represents His bride, the church. The marital union of husband and wife is a sacred reflection of the gospel itself.

PRIORITY TWO

Commit to a Covenant Marriage

Today's civil marriages are much like business contracts—easy to get into and easy to get out of. God's covenant with His people was a promise to remain eternally faithful even if His people were not faithful in return. In covenant marriage, both spouses are committed for a lifetime—in sickness and health, for better or worse. They do not threaten divorce or consider it as an option.

PRIORITY THREE

Pursue a Passionate Marriage

God calls us to pursue a passionate, thriving marriage. The Song of Solomon expresses the kind of love, joy and celebration God designed for marriage. That passion is built on much more than infatuation and sexual desire. It is rooted in the physical, emotional and spiritual intimacy God created couples to experience as a foretaste of the eternal unity, communion and intimacy we can have with God. Prioritize a routine like date nights to fan the flame of intimacy in your marriage.

PRIORITY FOUR

Become Heroic in Marriage

Christ made the ultimate sacrifice to rescue humanity. Writing to the Ephesians, Paul connected Christ's sacrifice directly to marriage: "Husbands, love your wives, just as Christ loved the church and gave himself up for her" (Ephesians 5:25) and "Now as the church submits to Christ, so also wives should submit to their husbands" (Ephesians 5:24). In other words, mutual submission to one another requires giving up our own interests to heroically serve the other person.

PRIORITY FIVE

Fight for Your Marriage

Every couple will mess up. Too often, however, they also choose to give up. Throughout scripture, God fights for His relationship with His people, remaining faithful in the face of unfaithfulness. He forgives again and again. No couple can avoid strife and arguments, but we can avoid giving the "devil a foothold" in our marriages by keeping short accounts and quickly restoring the relationship regardless of what happens. Prayer is a key part of fighting for your marriage. Statistics from Gallop and the National Association of Marriage Enhancement reveal that when couples pray together on a daily basis less than one percent would end up getting a divorce.

GOING FURTHER RESOURCES

Lovology: God. Love. Marriage. Sex. And the Never-Ending Story of Male and Female by John Mark Comer
Gives a biblical vision for sexual intimacy and marriage and tackles difficult questions related to human sexuality.

Love and Respect by Dr. Emerson Eggerichs
Helps couples appreciate and meet their mate's greatest need.

The Five Love Languages by Gary Chapman
Helps couples understanding and speak their mate's "love language."

Have a New Sex Life by Friday by Kevin Leman
Encourages married couples to pursue the joys and pleasures of sexual intimacy.