

Did You Know?

Best Use

A date night discussion guide for husbands and wives to encourage and build each other up with words of affirmation.

Advance Preparation

- Schedule a dinner or coffee date. This can also be a date night at home after putting kids to bed.
- Each spouse should spend a few minutes writing down their own responses to the “Did You Know” statements on the reverse side.
- **Optional:** Write your affirmations on a card that you can give to your spouse as a keepsake.

During the Date

Take turns reading your answers to the statements aloud.

Did You Know...

1. **A character quality I admire in you is...** (i.e., patience, diligence, sincerity, kindness, honesty, humility)
2. **I appreciate the simple ways you serve me by...** (i.e., sacrificing hobbies, helping with the children, making coffee in the morning, working to provide, managing the household)
3. **Something I love about you is...** (i.e., how you play with the children, your thoughtfulness, your sense of humor, how you care for others, your passion for life)
4. **One way I've seen you grow closer to God is...** (i.e., your self-discipline, your compassion for others, how you pray, taking us to church, your desire to read the Bible, your selflessness)
5. **I feel most refreshed by you when...** (i.e., you rub my shoulders, we go shopping together, we kiss, you wink at me)

Optional: Come up with your own “Did You Know” statements.

Going Further

Read these verses together and discuss the blessings of encouraging each other...

- **1 Thessalonians 5:11**
*“Therefore, encourage one another and build each other up.”
(Encouraging words will build up my spouse)*
- **Proverbs 11:25**
*“...he who refreshes others will himself be refreshed.”
(Refreshing my spouse refreshes me)*
- **Hebrews 3:13**
“But encourage one another daily...so that none of you may be hardened by sin’s deceitfulness.” (Intentionally affirming my spouse keeps our hearts soft)