

Dinner and a Movie

Best Use

A time to connect and have good conversation with your teen while eating and watching a movie.

Advance Preparation

- Pack a picnic dinner or order in some of your child's favorite food.
- Rent a movie or choose a favorite movie to watch together.
- Set up an area to eat and watch the movie together with pillows, drinks, food, popcorn, etc.

Movie Night

Say: “We are going to have a special night at the movies. Let’s grab our favorite dinner or snack and spend time hanging out together.”

Do: Watch the movie while you eat dinner together.

Talk: After the movie is over, spend some time talking through the following questions:

- Who is the central character or the “hero”?
- Who or what does the main character want, consciously or subconsciously?
- Who or what are the obstacles that must be overcome?
- What was the “ultimate conflict” of the drama?
- What wrong choices were made?
- What right choices were made?
- What was your favorite part in the movie? Why?
- Can we learn anything from the story?

Optional: Consider coming up with your own questions based on the content of the movie and the direction that your teen is talking about or interested in. Use this as a time to connect and have good conversation.

Pray: Pray together and thank God for your meal and for your time together. Ask Him to help you grow closer to each other and to Him.

For discussion ideas on specific films, visit: movienightchat.com